

LAMBDA

Laurentian University's Bilingual Student Newspaper
Le journal étudiant bilingue de l'Université Laurentienne
Volume 39 Issue 9 / Numéro 9

Throwing Snowballs
is Fun Until Someone
Loses an Eye... Then
It's Considered a
Contact Sport!!!

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MAT.
WUZ.
HERE

INDEX

News	2-3
Editorial	4
Opinion	5
Sports	6-7
F.Y.I.	8-9
A&E	10-11
Comics	12

WRITING OUR NAMES IN THE SNOW THE MANLY WAY SINCE 1961

Top Ten Reasons for Students to Vote

- 10** Since 1993, the Chrétien government has slashed \$5.2-billion in federal transfers for post-secondary education.
- 9** Canadian Alliance leader Stockwell Day thinks transfer payments to the provinces for education and health care are "intrusive" and would consider abolishing them altogether.
- 8** Chrétien proposes to spend \$100-billion of the projected \$130-billion surplus on tax cuts, primarily for wealthy Canadians.
- 7** Stockwell Day wants to spend even more -- \$125-billion or 96% of the projected surplus -- on tax cuts.
- 6** In the past decade, tuition fees have increased on average 126% in Canada and an astounding 208% in Alberta under Stockwell Day.
- 5** Chrétien has offered no significant plans to reduce student debt, now averaging \$25,000 at graduation. His Millennium Scholarship Fund will help only 7% of all students, and virtually none in Ontario and Nova Scotia.
- 4** Stockwell Day wants to replace the Canada Student Loan Program with a funding model known as an "income contingent repayment loan scheme" that would see tuition fees and student debt skyrocket.
- 3** Youth voter turnout is lower than any other demographic in Canada.
- 2** "If the federal government has the fiscal capacity to help students with college loans, then they have too much fiscal capacity." (Stockwell Day, May 23, 2000)
- 1** Three words: Palm Beach County.

Vote Monday, November 27

You Can Register to Vote on Election Day

Just show up to your polling station with valid ID (such as a driver's licence, or one piece of ID showing your name and address, and another showing your name and signature). Call Elections Canada (1-800-463-6868) or a campaign office in your area to find out your polling station.

Authorized by the Canadian Federation of Students

Influenza Immunization

Ryan Gibbs
Assistant News Editor

This year Ontario's Minister of Health and Long-Term Care announced, "flu shots will be available free of charge for the first time for everyone over six months of age living in Ontario." This news comes in light of growing concern over an impending flu pandemic (global outbreak).

In 1918, there was a serious Spanish Flu Outbreak; smaller incidents occurred in 1957 and 1968. The World Health Organization predicts another pandemic in the next few years and has called upon all countries to prepare for the potential outbreak. The Sudbury and District Health Unit provides the following statistics for 1999-2000: 6,179 cases of influenza reported in Canada, 2,506 cases in Ontario, 37 cases in Sudbury.

Influenza (commonly referred to as 'the flu') is caused by a virus that

affects the lungs; the vaccine needs to be updated annually because the virus changes often. Symptoms of the illness include sudden and high fever, headache, muscle aches and pains, fatigue and weakness. It is spread by coughing or sneezing or through contaminated surfaces.

Recommended measures to prevent the flu are drinking plenty of fluids and getting plenty of rest. The flu vaccine offered by the government is also effective, protecting recipients for up to one year. It is not recommended for infants under six months of age, or anyone with allergic reactions to eggs that cause hives, throat and/or tongue swellings, difficulty breathing or shock, or anyone allergic to the components of the vaccine, which include neomycin, thimerosal, and gelatin.

The ministry's immunization program consists of two phases. Phase I, which began in October, targets

groups considered "high risk", recognizing that the flu among this group can cause pneumonia and even death. The group includes people 65 or older, children and adults suffering heart, lung, or other chronic conditions, and children and adolescents treated for long periods of acetylsalicylic acid (ASA). In addition, people coming in close contact with this group, staff and volunteers at hospitals and nursing homes and emergency service workers, are advised to receive the vaccine.

Phase II of the initiative aims to immunize everyone else, beginning November 15. The Ministry of Health aims to immunize 60% of the general population and 90% of the "high-risk" group this year, preparing itself for the possibility of an impending pandemic. Students interested in getting the vaccine can contact Health Services on campus.

Influenza: Myths and Facts:

MYTH	FACT
The Flu vaccine can give me the flu.	The Flu vaccine is safe. The vaccine cannot give you the flu because it does not contain the virus.
The Flu vaccine doesn't work	A new flu vaccine is made each year to fight expected viruses for the coming season. It provides very good protection for 70 percent of people who get the flu shot. For others who receive the vaccine, it can reduce the severity of illness and help you get back to work faster. A Flu shot is needed every year to protect you from getting the flu.
Side effects of the Flu vaccine are worse than getting the flu.	Most people have little or no side effects from the flu vaccine. Some people may have some swelling or pain where the shot was given, a low fever, or feel tired for one or two days. Side effects from the flu vaccine are mild compared to getting the flu.
I don't get the flu	The flu spreads very easily from infected people through coughing and sneezing. Close to 6,700 Canadians die from the flu and pneumonia each year.
If I get the flu shot every year my immune system will become weaker, and and I'll get sick.	The flu vaccine protects you for the coming season. It does not weaken your ability to fight the flu or other infections. Getting a flu shot every year is your best protection against the flu and its complications.

Laurentian Biology Researcher Wins International Fisheries Award

Dr. John Gunn, Director of Laurentian University's Cooperative Freshwater Ecology Unit, is this year's recipient of the 2000 President's Fisheries Conservation Award. This prestigious award is presented annually by the American Fisheries Society for a singular accomplishment or activity that advances aquatic conservation at the regional or Society level. Founded in 1870, the American Fisheries Society is the largest and oldest fishery association in the world. Its mission is to promote the conservation, development, and proper utilization of fisheries.

Dr. Gunn was recognized for his research work on ecology of lakes in Canada affected by acid rain. His research studies in the Sudbury area

over the past 22 years, have been considered of exceptionally wide national and international significance.

Dr. Gunn currently leads a team of 20-30 research scientists and students at the Cooperative Freshwater Ecology Unit which is housed on the shores of Ramsey Lake. The Cooperative Freshwater Ecology Unit is a partnership of government, university and industry scientists that was formed in 1989, to address large scale environment problems in North-eastern Ontario.

The research goals of the Cooperative Freshwater Ecology Unit are to understand the functioning of industrially-damaged aquatic systems, assess and monitor the process

of recovery and rehabilitation of industrially-damaged water, and develop and test rehabilitation techniques that speed up the recovery process. The Unit also provides research opportunities in the fields of restoration ecology, environmental science, and aquatic resource management for undergraduate and graduate students.

In addition to air pollution problems, the Cooperative Freshwater Ecology Unit scientists also work on such issues as climate change, forest road development in the north, exploitation effects on fish stocks, endangered species rehabilitation, sensitivity of organisms to ultraviolet light, and the impact of urban development on lakes and streams.

News Briefs

Peacemaker to Present on the Burnt Church Conflict

Mr. Doug Pritchard, Canada Coordinator for Christian Peacemaker Teams (CPT), will present a public lecture entitled "Bringing Peace to Esengenopetitj (Burnt Church, New Brunswick)," on Saturday November 25 at 7 pm in the Art Gallery of Sudbury. This lecture will include a slide presentation, as well as a question-and-answer period. Everyone is invited. Admission is free.

As part of his lecture, Mr. Pritchard will give the public some of the background over the conflict with the East Coast Lobster Fishery. He will also describe the experience of the Christian Peacemaker Team, which were in the community and on the water, from April to October 2000.

Christian Peacemaker Teams is a violence-reduction initiative established by the Mennonite and Church of the Brethren Congregations, and Friends Meetings in Canada and the United States. Observation teams are sent to trouble spots worldwide to, in effect, stand between the guns and ensure that there is a public record. Current projects include Hebron, Chiapas (Mexico), and Vieques Island (Puerto Rico).

Doug Pritchard was invited to accompany the Esengenopetitj lobster fishers when they went out on the water, and was present when the Department of Fisheries boats confronted the Native boats. Along with the Native fishers, Mr. Pritchard has been charged with "obstruction of a fishery officer" and is awaiting trial.

Mr. Pritchard is a native of the Sudbury area. He grew up in Creighton Mine, Lively, and Copper Cliff, then studied chemical engineering at Queen's University. He was a practicing engineer until 10 years ago when he joined the CPT.

This presentation is sponsored by the Waters Mennonite Church, Laurentian University's Humanities M.A. in Interpretation and Values, Department of English, as well as the University of Sudbury's Department of Native Studies, and Ethics Project.

Laurentian Hit By Snow Storm

What the hell? Are you living under a rock? Of course we got hit by a snow storm. Remember all that white stuff falling from the sky for about three days? That was snow! Deal with it!

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« J'ai fait mon stage pratique au Manitoba et j'ai adoré ça! »

Marie-Josée Losier
Tracadie, Nouveau-Brunswick

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LAMBDA PUBLICATIONS



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EDITOR'S CORNER...

Snow... Nature's IQ Test

by Mat Thompson
Editor in Chief

It has invaded campus once again. That nasty white shit that falls from the sky for most of the academic year took us by surprise this past week, sending the IQ level of the Sudbury region into a downward spiral.

Now I like the snow. I can't completely complain because I enjoy the snow... to a point. I think it is beautiful. The first night it snowed I was driving to and from campus and just seeing the light, pure snow, fall against a black background was breathtaking. Everyone thinks spring and summer are the most beautiful times, but fall and winter are the ones I love. I sat up late on Sunday night and watched the snow fall on my balcony, drank hot chocolate and relaxed. It was almost perfect... if it weren't for stupid people!!!

Now I'm not pointing any fingers... actually screw it, I am! As I left campus around 11pm on Sunday night my car was covered. I cleaned it off, let it warm up and then started out on a very safe trip home. All of the on-campus students were outside making snowmen, forts and burying each other in

the snow. It was funny to see all these university students out playing like a bunch of 10-year-olds.

I actually wanted to be out there too. I wanted to forget the fact that I am in my 20's and play around in the snow like a child. The only thing that kept me from it was the lack of long johns and a project I had to get home to finish. So, I set out on my way. The roads were slippery, control was hard to achieve and other people on the road seemed to forget that snow is slippery. I saw a few people in ditches, a few more cutting each other off and even a few major accidents, but the worst thing I saw was here on campus.

As I drove down the hill beside UC, trying to keep control and not put my car around a light pole my car was pelted with a barrage of snowballs. I don't know what it is about snowballs, but it seems that when a person has one in their hand, their brain freezes and they turn into drooling morons. Remember when they banned snowballs in elementary school? It was for a reason.

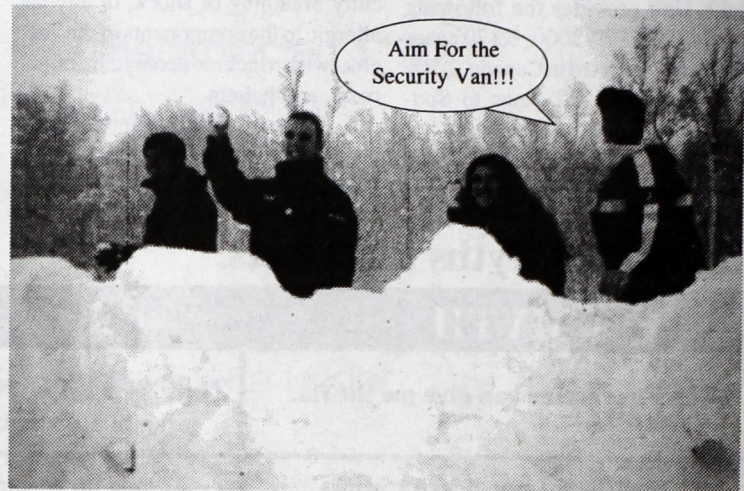
Now, I wouldn't have cared if it was a few of my friends on a cold day playing a prank, but the road was slippery as hell and the people throwing the snowballs probably had no

idea who they were throwing at. My windshield was covered and I lost sight if the road for a few seconds. Within those few seconds, I could have hit a student, light pole or another car. Would the students have cared? I don't really know.

A few other problems happened that night. Mostly due to snowballs. Innocent people getting hit by morons pretending they were pitching in the world series. Even during the bacon-induced fire alarm at 2am, students were throwing snowballs. From what I understand a girl was hit from point-blank range in the face and almost knocked out. The student

who threw the snowball laughed. Sure, it's funny to someone with no sense whatsoever, but that snowball was the same as being sucker punched. Hopefully someone does the same to you.

Now, I'm not saying not to play in the snow. Write your little notes to other residences in the snow (good job UC), and even have snowball wars, but just don't throw them at random people or cars. There is going to be a big problem and I don't need a news story that starts 'Laurentian Student in Hospital From Snowball Fight'... or maybe I do!



SPACE FOR RANT ... Letters to the Editor

Dear Lambda,

I am a Huntington Student and wonder why we don't get Lambda delivered to our building? I know we had a problem with Lambda, but I know that has already been solved. Can we get the papers now?

Disappointed

Editor's Response: Obviously you aren't in a program that teaches observation skills. Huntington has had the last three papers delivered there. Maybe if you woke up before the weekend started you would be able to get a copy.

Dear Editor,

I am a non-smoker. While I don't necessarily understand all the reasons that people smoke, I respect their right to fill their lungs with thousands of toxins and carcinogens - just as long as it is a fair distance away from me. However, with the recent onset of this winter weather, it is becoming impossible to avoid the droves of people who crowd around the various school entrances in an effort to stay warm.

Regardless of the entrance, there are always lots of people crowded around puffing away at all times of day, thus forcing me to pass through a cancerous haze of smoke whenever I want to enter the buildings around campus. And whenever people want to get by, many of the smokers just keep standing in the way, as though I am interrupting them by trying to enter the school.

It's not so bad around the Great Hall entrance, but most of the smaller-door entrances around campus are always blocked by smokers just standing there with a look of annoyance if I want to pass through. Not to mention those people who smoke at the bottom of the Parker building stairwell, allowing the wonderful burning smell to ascend the staircase for all to experience.

To those people, I have one thing to say: get out of the way! If you want to kill yourself, that's your choice. Just please don't do it around me. I realize that it's cold outside and having to stand there in the first place is a bitch. And it's no doubt made tougher by having to have exposed skin when holding the cigarette. So, I can sympathize; I hate winter too. But, I hate the smell of smoke even more. I hate those people who come into class reeking of cigarettes and I hate it even more when I smell my clothing and realize that the smell is coming from me - a smell I picked up as I passed a group of smokers. You need to smoke outside for a reason: to save the lungs of those who choose not to fill them with smoke. You don't need to hang around every door of the university creating a wall of smoke for the rest of us to pass through. Don't worry, we'll get more than enough of that smell from your clothes, hair, and breath as soon as you get to class.

Editor's Response - The best thing to do is to find the nearest fire extinguisher, pen the door, blast them with a nice puff of foam, then walk through safely... but quickly. Actually, I find that urinating just outside the doors actually deters people from smoking there. I don't understand why though... If I choose to piss in public, I should be able to. It's not like I'm forcing anyone else to urinate with me!

Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request.

Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexual or for length.



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Photo by:
Hugh Panelas

Cover Model:
Meghan Kinahan

Turn-ons - Big Snow Men
Turn-Offs - Snow Devils

Lambda

Copy Deadline:
Fridays at 2:00 pm

Editorial and General Meetings:
Fri. at 1:30 pm

Damn @\$&ing Winter

Keeghan Lachlin
Staff Writer

How much do I hate winter? I hate it with every fiber of my being. Winter means cold and cold means that I have to freeze my ass off for the remainder of the school year. The cold also means that Christmas is around the corner. Ah yes the holidays, I can't stand this time of year. I hate all of the cheery holiday time-of-year crap. Christmas is a waste of time and money. Every year I go out and make a list of what my friends and family want. I then go out and max out all of my credit cards, which I have spent the rest of the year paying off, only to purchase things that I know will make them happy. The reason why I hate Christmas so bad is that every year the same thing always happens. I go out and get exactly what people ask me for. I even give my family and friends a list of things that I want to get and what happens? Every year I get a bunch of useless crap that isn't even close to what I

said I wanted. I figure that if I can go out of my way to get what you want then you had better do the same for me. Ever heard of common courtesy? Yeah, apparently not. I declare shenanigans on the whole Christmas experience. It all makes me sick.

Winter also means that I will have to spend more money on gas because my car will be using more. I will have to plan to leave 10 minutes earlier everywhere I drive because I will have to go outside and dig out the car. I love doing that. I really want to head out the door at 7am in 40-below zero weather just to wipe the car free of all that white shit. On top of that, I will have to take even more time to get ready because I have to put on all of my winter gear so that I don't freeze my nads off in this stupid Sudbury winter cold. As you can tell, I really don't care for the weather that we will be experiencing over the next few months.

The thing that scares me the most is driving. People in this city

are bad enough without having an drop of snow on the ground. Hell, Mat gets cut off at the intersection by his place everyday. What the hell is going to happen to him and my other friends who drive in the winter? I would rather run through Ethiopia carrying a McDonald's Big Mac Combo than drive the Sudbury roads in the winter. I can only pray that someone who doesn't have a damn clue of what they are doing won't kill me.

This week, Sudbury has been dumped on and most of you all seem to be smiling and dancing because there is a new thing to play with, I see it as nothing more than a seasonal curse. I can tell you this much, the first person that hits me with a snowball is going to get their teeth kicked down their throat.

I guess not everyone can be as cold hearted as me during the winter and Christmas seasons so to all of you that may actually enjoy them, Happy Holidays.

Why You Should Vote PC

by Tyler Delow
contributor

This is probably the most depressing election that I've ever seen. Jean Chretien is so arrogant that he is labeling votes for the Conservatives and the NDP as wasted votes. Stockwell Day can't decide what he is in favour of other than tax cuts and whatever the National Post has told him is the hot issue of the day. The NDP is so low in the polls right now that they might not even be able to maintain party status in the House of Commons. The Tories are in much the same situation.

However, there is an important difference between the NDP and the Tories. I believe that the NDP, effective as the conscience of the House of Commons, would make a pretty terrible governing party (see B.C. 1991-present). The Tories, on the other hand, would provide Canada with good government and leadership that is not offered by any of the other parties. It is pretty much universally accepted that Joe Clark is the most able of the present leaders. Still though, people point to his government of 1979-1980 and say that he is not fit to govern. It may have been

poor political tactics to govern as if he had a majority, but the budget that defeated him was a reflection of his conservative principles. There is no shame in losing on a principle. If he hadn't been defeated, we might have never had to go through the cost cutting of the 90's that has affected our tuition costs so greatly.

Joe Clark is the only leader who understands what it is to be a statesman and how to represent our country internationally. Whether it's Chretien blowing off funerals to go skiing, or Stockwell suggesting that the "moral prisoners" should deal with Clifford Olson, the two contenders are seriously lacking in the statesmanship department. Meanwhile, we have a man who represented Canada well to the world in Joe Clark. But still, according to our PM, a vote for Clark is a wasted vote.

As far as what they are offering students, the Conservatives offer what I believe is the best platform that helps make education more accessible while not mortgaging our future. They propose to end the taxation of scholarships as well as introducing a tax credit for when it comes time to leave here and start repaying

student loans. As far as taxation, they want to raise the basic personal exemption to \$12,000, something that would remove prevent nearly every student from paying taxes. I believe that the local Conservative candidate is also our most education-oriented choice in Sudbury. Alex McGregor is a retired professor at Thorneloe. He taught at Laurentian for 20 years. He served on numerous committees during his time at our school as well as being deeply involved with the soccer Vees. He has a strong belief in the importance of the Arts, a belief that is not shared by the Harris government or the Stockwell Day Canadian Alliance. In short, I believe that when you look at the other combinations of leader and candidate, the Tories are the best choice. Make your selection based on your own personal assessment and not on what the polls are telling you. Put an hour or two into researching this week and find out what party shares your view of Canada. I believe that the Tories offer the best future for Canada but others may see it differently. Finally, I would just like to encourage everyone to vote. The only way to waste your vote is to not use it.

The opinions expressed in this section are the sole thoughts, views and opinions of the writer and do not reflect the views and opinions of Lambda Publications and Lambda Publications' Staff Members.

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What do You Think?

Give us a short opinion and the next week we will show the results with a few student quotes.

This Week's Issue:

Are You Going to Vote in the Federal Election?

Just email us at **LAMBDA PUBLICATIONS@HOTMAIL.COM** and let us know your opinion. Check Lambda next week for the results and maybe even a your opinion in print!

Last Week's Question:

Who Do You Find Stranger, Stockwell Day or George W. Bush?

Bush - 49% (12) Stockwell - 49% (12)
Nick Stewart - 2% (1)

Comments:

"What kind of question is that? Stockwell Day is a serious politician that may save Canada from a National Debt and George W. Bush is an idiot that can't tie his own shoes? How can you compare?"
- W.D.

"George Bush is dumber, but I would have to go with Stockwell Day as the stranger of the two."
- S.M.

"I think Lambda shouldn't be pointing the finger at strange politicians when they have employed in their opffice a guy with a strange squirrel fetish. Nick Stewart is stranger than the two politicians put together. He sends prank letters to serious businesses, writes about squirrels and zombies and falls asleep on city busses! Forget Day and Bush... Nick is the strangest human being around!"
- B. Mc.

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Lambda Sports



Intramural Briefs

COED Inner Tube Water Polo

Co-Convenors: Ryan Saunders and Candice Blimkie

The COED Intramural Inner Tube Water Polo Tournament was held at Laurentian University's Olympic Gold Pool on Saturday, October 21st. The tournament provided students with the opportunity to participate in a unique sport. The primary focus of the tournament was on fun and participation for all.

In the final game, the defending champions, the Thunder Belly Flops, went up against newcomers Tube to Tube in an all out battle for the much coveted COED Intramural Inner Tube Water Polo Title. When the tidal waves eventually subsided, only one team stood victorious, the Thunder Belly Flops. Kudos on a great game!

We would like to extend our congratulations and appreciation to all those who came out and supported the event, especially the Sketchers, Stingers, Havana Joe's, Rocks, and 9th Floor Zoo, that all worked equally as hard in an attempt to have a shot at the Title. Thank you to all of our sponsors whose generous donations provided prizes and awards for all of the players.

In addition, we would like to thank the Olympic Gold Pool staff that assisted us in officiating the games and ensuring the safety of all the participants. Everyone's cooperation and enthusiasm greatly contributed to the success of this year's tournament.

Listen Up Soccer Fans

Co-Ed Indoor Intramural Soccer is here! Sign up your team between November 6 and November 17. Registration is 20\$ per team with a limit of 20 teams. The season will run from January 9 to February 1, 2001. Two pools will be set up with Pool A playing on Monday and Wednesday and Pool B playing on Tuesday and Thursday. Please remember that you must have at least two females on the floor at all times during the game. Don't miss out, sign up early. All off-campus students are more than welcome to join, if you can not fill a whole team and would like to participate contact the Active Living Office in the Ben Avery Building.



Lambda File Photo

Lady Vees Destroy Ottawa and Carleton

by Jason Stevenson
Acting Sports Editor



Laurentian 63, Carleton 42

In the opening game of the season, the Laurentian Lady Vees hosted the Ravens from Carleton in Laurentian's mecca of basketball, the Ben Avery Gym. The first half saw the Lady Vees clipping some Raven wings, as the hosts jumped out to an early lead on the pin point shooting of captain Shauna Conway who lit up the scoreboard like a Christmas tree, hitting 3 of 6 from downtown on her way to 11 first half points. On the whole, the Lady Vees displayed a balanced attack, the Ravens never knew what to expect or who to expect it from. Both playing time and points were evenly distributed among the fab starting five.

At the half, the Lady Vees walked comfortably into the change room, as the Lady Ravens looked to sort out the mess they had found themselves in, losing 34-19. Unfortunately for the Ravenettes, the second was much like the first. Laurentian dominated the offensive and defensive boards, gathering 49 boards to the Ravens 26, allowing them to control the tempo and flow of the game. Defensively, the only crack in the Vees wall was the 19 points scored by Rosie Warden of the Ravens; without Warden this game would have been more than extremely one sided.

Warden led her team in every category, after her 19, the second highest score was a dismal 6 by Chris Fox. For her efforts, Warden received Player of the Game honours, but unfortunately was unable to change the scoreboard at the end of the game as Carleton fell by twenty-one points.

Clare Beatty, usually LU's offensive powerhouse flexed her defensive muscles and worked on her vertical, pulling down a team-leading 15 rebounds, 7 of them offensive. Claire managed 8 points but was a disappointing 3 for 10 from the field over 32 minutes of play. While player of the game for the Vees Captain, Shauna Conway had 13 points, 5 rebounds and 4 assists. Gille Eccles, the Lady Vees inside hope, dropped 10 down the shoot in only 16 minutes of play.

On the whole, coach Campbell, looked impressed with his teams effort. One can only hope that a season opener over such a mediocre team will not lull the Ladies into a false sense of security. But if Campbell blood runs true, the Lady Vees are force to be reckoned with once again in the OUA.



Lady Vees tame Gee Gees 83-50

As if we haven't heard enough about Ottawa in the news of late, noble dignitaries from our nation's

capital, the University of Ottawa Gee Gees came to debate a little basketball with the Lady Vees. Just like in politics, the Lady Vees showed no mercy and diplomatically opened the game with an 11-0 run. Laurentian never relinquished their lead and continued to build on it by shooting over 50% from the field, and was in front 40-21 at the half thanks to Tierney Hoo's 8 points and captain Shauna Conway's 7 points and 5 assists.

The second half the game became more like practice to the Lady Vees, as coach Campbell went deep into the bench putting every single player in the scoring column. Even with his third stringers on, the Lady Vees dominated the second half much the same as the first. Victory was hopeless for the GeeGee's and despair as the Lady Vees pulled father and farther ahead. For every one in the stands, it seemed very clear that the Lady Vees could dominate at will, and that when they are firing on all cylinders this team is a dominating presence within the OUA.

As the final buzzer sounded, there was no doubt who the winner was as the scoreboard read Laurentian 83, Ottawa 50. "It was a great effort, we played well defensively. We had a very aggressive full court game and controlled the quarter court. We had contributions from every single player on the team." Genevieve Laroche of Ottawa was the Gee Gees Player of the Game with 12 points, 8 in the second half.

Laurentian's Player of the Game was Gillian Eccles who poured in 7 points while collecting 9 boards and shooting 60% from the field.

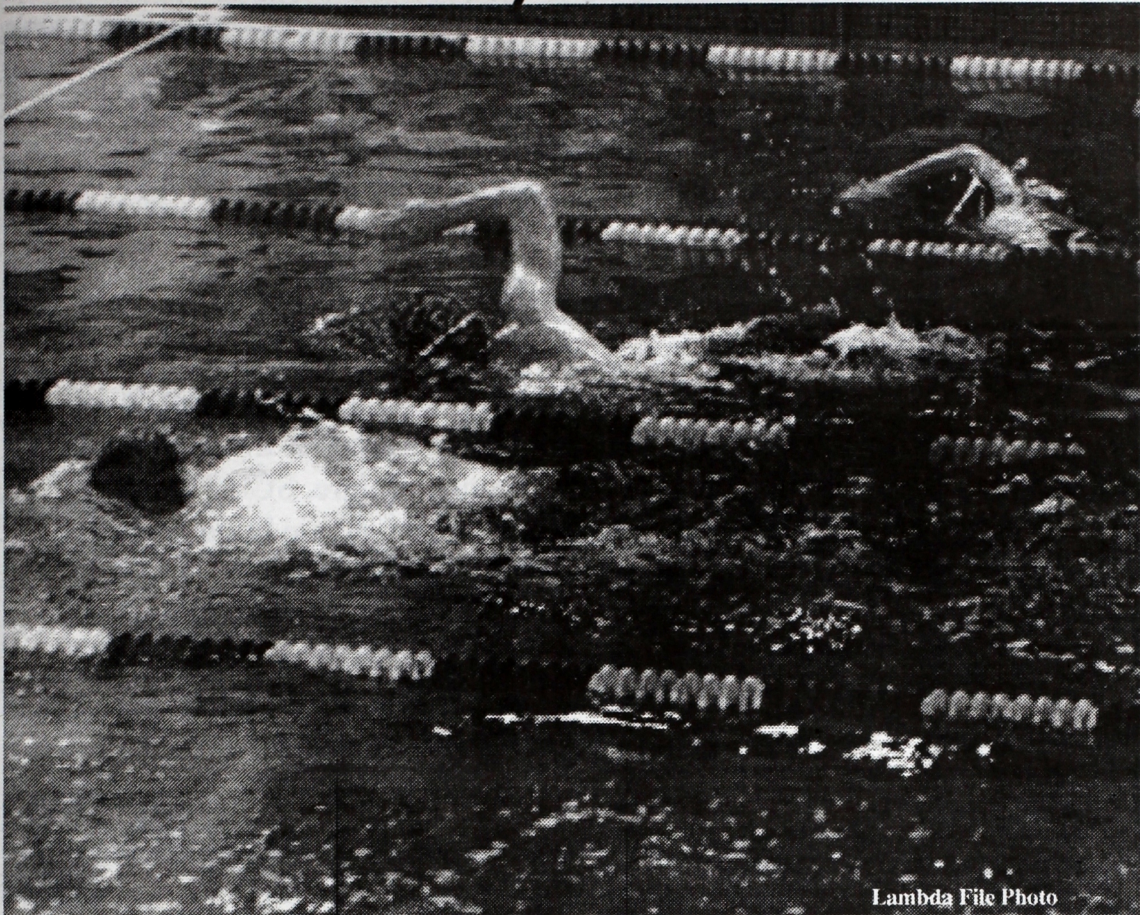
Athletes of the Week



Two Swimmers Paddle Their Way To Becoming LU's Athletes Of The Week

The Female Athlete of the Week was Christie Smith, a member of the Lady Aqua Vees swimming team. Christie competed in the annual Toronto Invitational this weekend and although she was recovering from injury, she turned in some very strong performances. The Invitational hosts the swim teams from across the province, and against this competition Smith placed 3rd in the 50m, 100m and 200m butterfly. In her 200m fly race, she turned a season best 2:27.18 and qualified for the CIAU national championships in February. Sudbury native Christie Smith is in her second year of biology.

The Male Athlete of the Week was Fai Yong who also originates from the Laurentian Swim team. Fai placed 2nd in the 50m butterfly and 3rd in the 50m freestyle. He also had CIAU qualifying swim in the 100m butterfly. But the highlight of the meet for Fai and for the Laurentian team was his first place finish in the 25m freestyle, earning him the honours of "The Fastest Swimmer in Ontario" for the second year in a row. Fai hails from Singapore and is in his fifth year of an economics program at Laurentian.



Aqua Vees Show Well at U of T

The Laurentian Aqua Vees travelled to Toronto this afternoon to compete in the annual University of Toronto Invitational hosting teams from across the province.

Strong performances for Laurentian men were turned in by Gilbert Duplessis who placed 2nd in the 400m IM and 3rd in the 400m and 1500m freestyle, Dave Vacchino placed 3rd in the 400m IM and the 200m back, James Corker was 3rd in the 200m breaststroke.

Rookies Aleksy Jones placed 2nd in the 200m breaststroke and 3rd

in the 50m and 100m breaststroke, and Kirk Flinn placed 2nd in the 200m, 400m and 100m free with a time of 52.7 seconds, only three tenths off a CIAU qualifying time.

Fai Yong qualified for CIAUs in the 100m fly and 50 freestyle as well as placing 3rd in the 50m freestyle. He also retained his title as the fastest swimmer in Ontario with a time of 11.12 seconds in the 25m freestyle. Team captain, Collin Forsberg, qualified for CIAUs with a 4th place finish in a time of 2:08.91 in the 200m fly. This earned Forsberg

Swimmer of the Meet honours. On the women's side, strong performances were turned in by all members of the Lady Aqua Vees squad and many personal bests were achieved. The star that shone the brightest though was Christie Smith who placed 3rd in the 50m and 100m butterfly and also qualified for the 200m fly at CIAUs with a time of 2:27.18 placing her 3rd among the competitors.

Women's coach Phil Parker said that he was "happy with the great swims turned in at this very fast meet".

BODY BONUS Muscle Foods

by Emily Roback
Staff Writer

Do you ever remember watching the Popeye cartoon and how it was always the spinach that made Popeye nice, big, and strong? Well, it is true to say that spinach is an excellent energy source for building muscles. But, not everyone likes spinach.

This may lead us to ask, "What are the best foods for building muscle?" If you want to build quality muscle, then you have to eat quality food. Building muscle is not an easy task. Eating everything and anything at any time results in weight gain primarily of fat. Eating the right foods at the right time in the right amounts helps build muscle. Your calorie intake must be to be greater than your calorie expenditure. That means you need to eat more than you are eating now. It doesn't mean to exercise less! The only difference is that the foods you consume must be rich in complex carbohydrates, protein, and low in fat. Furthermore, an individual can weight train all he or she wants, but the working muscles need the proper nourishment to maintain the energy levels during a workout.

First, carbohydrates are the predominant energy source for muscle-building exercise and are stored in the body as glycogen. The harder

and longer you work out, the more glycogen your muscles require. Once your muscles are depleted of glycogen, you have no more energy to continue your workout. Experts recommend that physically active individuals take 3.6 grams per pound of body weight. Therefore, if you weighed 150 pounds, you will need 540 grams of carbohydrates per day. Some personal food favorites which contain high complex carbohydrates are: oatmeal; potatoes; shredded wheat cereal; rice cakes; rice; corn; beans; peas; lentils; broccoli; cabbage; cauliflower; carrots; celery; and spinach.

At this point, you might be wondering, "What about protein?" You can eat a large amount of calories by increasing your carbohydrates and still fail miserably in building muscle if your protein intake is too low. It is true that protein is definitely an essential part of your diet. Without it, the body would not be able to build and repair tissues, make enzymes and hormones, transport nutrients, contract your muscles, and regulate body processes such as water balance. The American Dietetic Association (ADA) recommends that physically active individuals take 0.5 to 0.75 grams of protein per pound of bodyweight. That is, 75 to 115 grams of protein per day would be needed

for an individual who weighs 150 pounds. Quality protein can be found in eggs, skim or 2% low-fat milk, low-fat cheese, low-fat yogurt, skinless white chicken, fish, turkey, beans, and tuna in water.

Quite often, it is hard to get away from foods that contain high levels of protein that do not contain fats. Beef and peanut butter may have a lot of protein, however they are loaded with saturated fats. Instead, you can choose lean beef and light peanut butter to help reduce the number of fat calories you consume. Even though you must keep your muscles energized, your heart also needs to stay strong and healthy. Therefore, make sure that more of your fat calories come from unsaturated fats such as in sunflower seeds and nuts or that you have a low fat intake to begin with.

Stuck on how to put a great nutritious meal together? Here are some ideas for tasty, protein-rich meals that are high in complex carbohydrates you can try: (1) Chili made with lean beef and kidney beans; (2) Vegetable stir-fry with cubed chicken or tofu, over brown rice; and (3) Veggie burritos with refried beans, salsa, and low-fat cheese. Don't like it? There is always room for some more spinach.

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D.D. - Can you have them put in a jar so I can put them on my shelf with my other trophies? - Bryson

Never cook bacon naked!

Kevin - Meet me at The Pub on Saturday Night. You know who!

Shake it in front of the D-Js and they will play anything you want!!!

Happy Birthday you BIG Drunk!!! From The Guys!

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SGA office in the Student Centre, SCE 212.
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- To All SGA Students. Your **Health Plan Cards** are in.
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bring your Student Card with you.



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Laurentian University's African Caribbean Students' Association

LUACSA

Presents:

Christmas Formal

November 25th, 2000

Place: Alphonse Raymond Building
Time: Dinner @ 7pm, Dance @ 10pm
Price: LUACSA members - \$15
Non Members - \$20

Tickets are selling fast so buy them in advance. There may not be an opportunity to
buy them at the door.

Tickets can be purchased from any executive member or at the SGA office
For more information contact us at:
luacsa_sec@yahoo.com

Biology Society Lecture Series

Laurentian University's Biology Society will be hosting a unique Lecture Series this
year. The speaker for the first installment is Dr. Michael A. Persinger, Co-ordinator of the
Behavioral Neuroscience Program at Laurentian University. Dr. Persinger is a world renowned
scientist known for his unparalleled research into all kinds of phenomena and their association
with the right hemisphere of the brain. He has written a passage in *X-Files - The Book* and has
been featured on many television programs including *Nova*, *Unsolved Mysteries*, and *Under-
currents*. He will present a lecture titled "The Field Biology of Unexplained Events."

As an added feature, guests at this event will be treated to an exclusive private tour of
the gallery's next much anticipated exhibition, *Contemporary Masters*, by Bill Huffman,
Director/Curator of the Art Gallery of Sudbury. This exhibition features artworks by artists who
were masters of their genres including Andy Warhol, Robert Rauschenberg, David Hockney,
and Victor Pasmore to name a few.

The lecture will be held on Monday, December 4, 7:00pm at the Art Gallery of Sudbury
and will be followed by a catered wine reception. Tickets are \$12 each and must be purchased
in advance, available at the Art Gallery of Sudbury (674-3271) and Black Cat Too (673-6718).
Event catering is generously sponsored by Bryston's On The Park.

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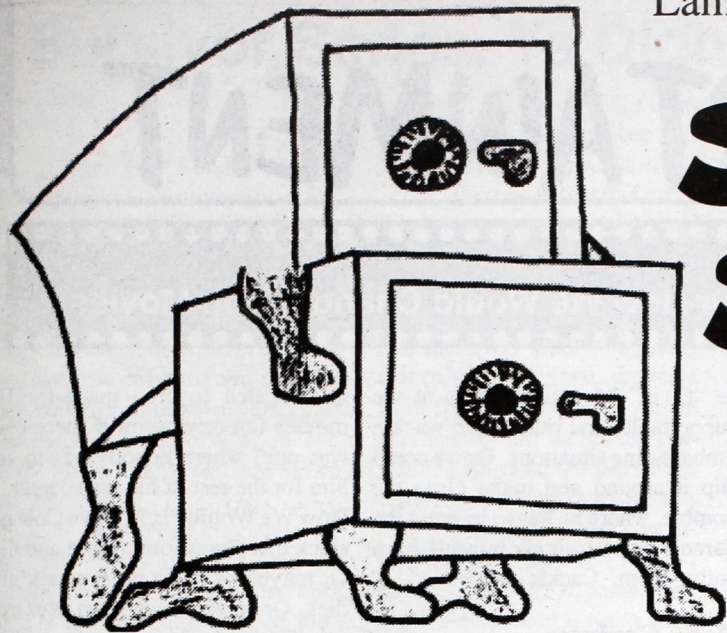
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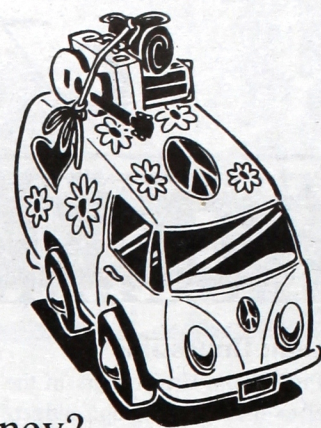
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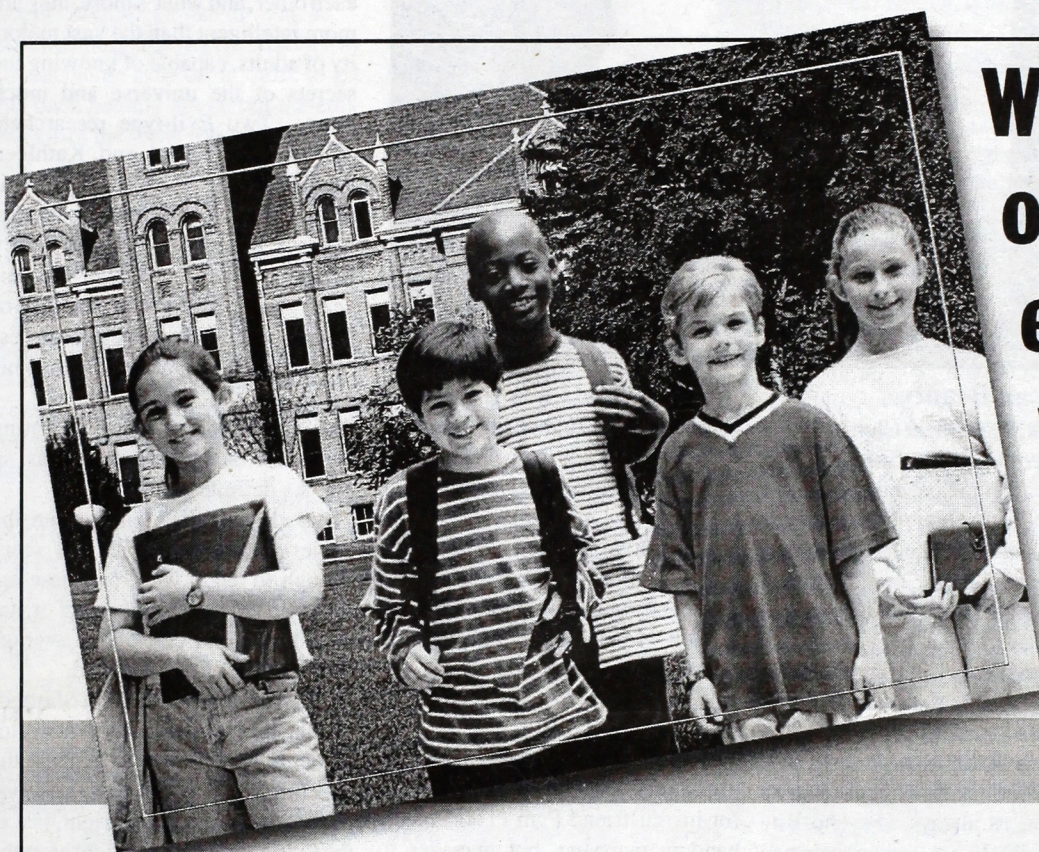
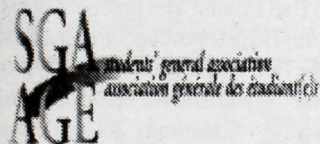
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**If the Ontario Tories have
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Under the Tories funding for universities
has fallen to its lowest level in the last
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poorest American states.

Now, the Ontario government is about to
pass Bill 132, the Post-Secondary
Education Choice and Excellence Act,
2000, which paves the way for private,
for-profit universities. Ontario is about to
allow unrestricted, degree-granting
status to universities that view education
as a profit-making business. Worth an
estimated \$14 billion, post-secondary
education in Ontario is indeed profitable.

**PRIVATE UNIVERSITIES ARE ABOUT PROFITS,
NOT THE PUBLIC GOOD.**

Bill 132 will actually restrict access to our public education
system. For-profit universities will drain public money away
from the public system.

EDUCATION IS A RIGHT, NOT A PRIVILEGE.

Unaccountable, private institutions will thrive on unregulated
tuition fees. Many visible minority and lower-income students
will be shut out. Only the wealthy will be able to attend for-
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**THE TORIES SAY THEY ARE INCREASING
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We say allowing private universities is about increasing profit-
making opportunities for this government's corporate friends.

WE CAN MAKE A DIFFERENCE.

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A message from the Canadian Union of Public Employees, CUPE Ontario,
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Arts & ENTERTAINMENT

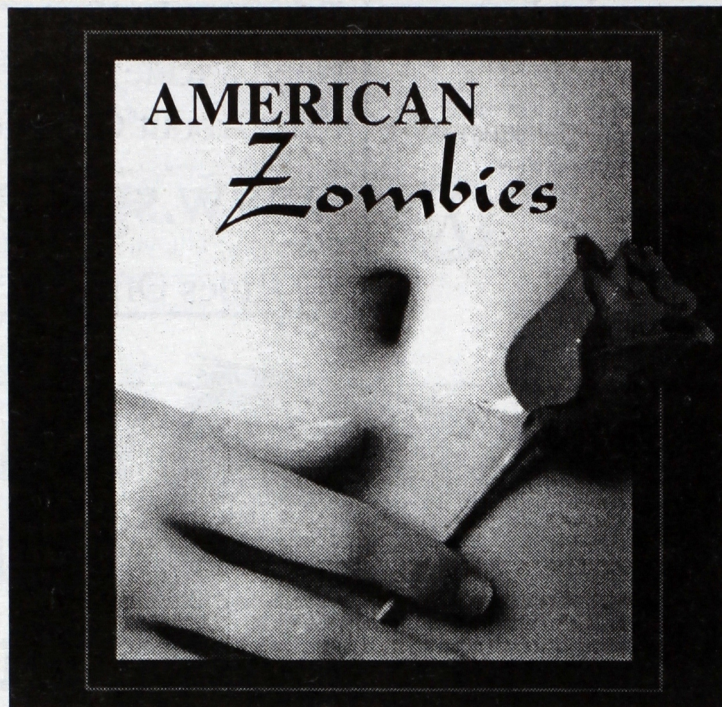
Lambda's Movie Revue (Or How We Would Change Crap Movies)

Mission: Impossible - 2

The Pitch: Tom Cruise stars in the sequel to the spy-flinging, gadget-filled hit. Instead of rooting out rats and traitors among the IMF team, Ethan has been recruited into recovering a killer virus known as Chimera (essentially a super-pumped, airborne version of the Ebola) from a renegade ex-member of the agency. Along for the ride is Thandie Newton as the bad guy's ex-girlfriend, and quite possibly the only person who can ensure the success of the mission. **The Good Points:** Action-king John Woo has leapt onboard as the director. Translation: lots of cool action scenes and funky explosions.

The Bad Points: Action-king John Woo has leapt onboard as the director. Translation: the bazillion action scenes come at the expense of everything that made the first MI flick cool, i.e. funky gadgets, double-agents, and funky spy subterfuge. Also, Woo has also said that he wanted to make MI2 into a "romantic triangle movie". The result is that Thandie Newton is there only as a useless sex symbol...the fact that she's a world-class thief is totally irrelevant, as she spend the whole time standing around looking concerned, filling her time with boring, crappy love interest moments.

How We Would Fix It: This movie needs zombies. Take Thandie Newton for example; change her into a zombie, and the story is far more interesting. The whole cliched boy-girl routine would instead go something like: Spy meets Zombie, Spy loves Zombie; Spy has to determine whether or not he loves her enough to have the requisite sex scene with Zombie; Zombie eats Spy's brains. Or something like that.



American Beauty

The Pitch: Think Fight Club, only it's for old people. Okay, fine, you want specifics? Kevin Spacey plays Lester Burnham, a corporate business type who finds no meaning his job, nor in his loveless marriage, nor in the rampant consumerism that he uses to distract himself. He begins to focus his frustrated and increasingly "crazy" attentions on his daughter's friend, and starts to smoke pot, quits his job and deals with life so on and so forth. **The Good Points:** Kevin Spacey rocks the house, as always. Psycho Boy looks eerily like a young Norman Bates.

The Bad Points: As stated above, this movie is a complete, total, and utter rip-off of Fight Club. Annette Bening frighteningly resembles my evil ex-stepmother, only far less rotund. And she's also really incredibly irritating. Bening, that is.

How We Would Fix It: Have Lester Burnham join a Fight Club, where he routinely gets the crap beat out of him. He then becomes a borderline psychotic, whips the tar out of his anal-retentive neighbor, and joins a terrorist group, bombing not only his former boss, but that irritating Bening as well. Maybe have him blow up some zombies along the way.

Meet the Parents

The Pitch: Greg Focker, a Jewish male nurse (Ben Stiller) hopes to ask for his girlfriend Pam (Teri Polo)'s hand in marriage, but manages to discover before he pops the question that she'd like for him to ask her father's permission. Thus, at the next major family function, he takes the opportunity to try and warm up to the old man in the hopes of winning his trust and thus a wife. The problem, of course, is that Pam's dad (Robert Deniro) is an ex-CIA operative-turned-rare flower dealer who wants the best for his girl. Embarrassing, wacky situations and comic hilarity ensue.

The Good Points: Ben Stiller doesn't totally suck...so that's good. **The Bad Points:** Robert Deniro, who once again proves that he should stay away from comedies that try and play off his serious image (re: Analyze This, Rocky and Bullwinkle). Dude, for the love of crap, stop trying to be funny, and hook up with Scorsese to make some more gangster movies or something.

How We Would Fix It: Easy. Greg drives up to the house, and steps out to meet Pam's parents, only to discover that they are, in fact, flesh-eating zombies! Greg then has to try

to "fit in" by eating brains at the supertable, and other such wacky, embarrassing situations. Or we could flip it around and make Greg the zombie, where he has to impress the parents by restraining himself from eating them. Cackle cackle.

Baby Geniuses

The Pitch: All babies can speak to each other, and what's more, they are more intelligent than the vast majority of adults, capable of knowing the secrets of the universe and much more. Two Evil-type researchers (Christopher Lloyd and Kathleen Turner) set about conducting experiments on various babies in an attempt to crack this code. Naturally, they find their plans to conquer the universe's untapped secrets when one of the experimental subject babies escapes the lab and rallies others to his cause.

The Good Points: Super-irritating babies are being used as lab rats, so that's a definite plus.

The Bad Points: The babies, man, the babies! I mean, babies are scary enough to begin with, but these are Uber-Babies, with power of irritation far beyond that of the average baby. Stupid, stupid, stupid.

How We Would Fix It: Short of erasing this film from existence altogether, I would have to suggest the one thing that could save any bad movie: zombies. That's right, just as the kids look like they might save the day, zombies come along and eat their smart-alecky asses. The feel-good movie of the year!

The Sixth Sense

The Pitch: After a particularly distressing meeting with an ex-patient, Malcolm Crowe, an award-winning psychologist (Bruce Willis), takes it upon himself to try and cure a young kid (Haley Joel Osment) who has the same symptoms as the aforementioned ex-patient. The problem? Cole, the kid, claims that he is visited by the spirits of people who don't know they're dead.

The Good Points: Uhhhm...well, some of the cinematography wasn't bad, and neither was the concept. Some funky symbolism too. And there were zombies! Well, sort of...close enough, anyway.

The Bad Points: Three words: Haley Joel Osment. Sheezu Christ man, the only way they could have picked a more irritating kid is if maybe they had dug up that punk from Problem Child. All we can do is pray that he goes the way of Ricky Schroeder and

is relegated to crap made-for-TV movies (an oxymoron if there ever was one) where nobody has to see him for the rest of his crap career.

How We Would Fix It: Have Cole get stuck in a closet somewhere and die. Or maybe he has a heart attack and dies. Or maybe he gets run over by a car. Or maybe he comes down with a fatal case of the heebie-jeebies. Or maybe he just gets sick of seeing dead people all the time and kills himself. Or, in a different vein, he'd start seeing ghosts of FAMOUS dead people. Like, maybe Richard Nixon's ghost comes to him and starts harassing him, or maybe Vincent Price recites creepy Poe stories for eternity. Or maybe he and his zombie pals could become wacky crimefighters.

2000 Presidential Election

The Pitch: Two old guys run for President of the United States: a boring, robotic drone (played by Al Gore) and a crazy, psychopathic, illiterate, moronic redneck (George Bush). Unfortunately, the American public can't decide which is less worthless, and so the vote ultimately comes down to Florida, whose governor is the brother of Mr. Bush. Wacky political hijinks ensue as the Florida administration and voters screw things up so bad that the entire process becomes tied up in embarrassing and harmful litigation, finger-pointing and name-calling that makes the two nominees look even more worthless than they originally were.

The Good Points: This is one tense movie! You'll constantly be wondering who'll win: the lifeless robot who will zap the country with his laser-shooting robot eyes, or the crazy bastard who'll stumble his way through the presidency and engage World War III before his first month is up? Oh, the madness, the madness! **The Bad Points:** The prospect of seeing this Bush fellow become the leader of the free world was WAY too scary for me...I had to leave before it ended, actually. Somebody let me know how it ends...

How We Would Fix It: Bush, Gore, and runner-up Ralph Nader are all simultaneously eaten by zombies, leaving the Craziest Little Candidate of All, Ross Perot, to fight against this invasion of the undead. Of course, he would have Preston Manning as his sidekick, and maybe David Popescu for comic relief. Alternatively, the zombies could run the country, declaring such new holidays as Eat Your Neighbor's Brain Day, or Devour Someone's Limb Day.

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Friday, November 24th

STUDENT SAVER SATURDAYS!!!

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Survivor Series, Ya Didn't Miss Much

Hugh Panelas
Staff Writer

This past Sunday was the WWF's annual Survivor Series Pay-Per-View. Going into this event I was sure that there wasn't much to look forward to. I mean HHH and Rikishi have been nursing injuries; there were no Tag Team or Intercontinental title defenses and on top of that the two traditional matches made absolutely no sense what so ever. They were just thrown into the mix for fun.

I was very disappointed with the title match as the ending was outright horrible. I mean the whole idea of having Angle hang on to the title disgusts me because all of the top wrestlers seem to be involved in their own personal agendas, they all have forgotten about the WWF title. Along comes the Undertaker and he gets screwed out of the title. What kind of an ending is having Kurt Angle's brother hiding under the ring? Then after taking the Last Ride, having Angle return to the ring and role up the Undertaker for the pin come on. It was such a cheesy ending. The only highlight of the match was the "old school" Undertaker move. You know, the old walk across the top rope. However, it was hard to watch the dead man run around the ring in snakeskin pants. I must say though, he did look thinner.

How sick am I of the Rock? I would rather listen to retro music 4 nights a week in the Pub then to have to watch another one of his matches. F*%k I am so sick and tired of how the WWF makes him out to be something special. Oh the Rock's ribs are sore, oh poor Rock, he's struggling to even move. HA, I was very happy when Rikishi Bonsai dropped his ass 4 times. Maybe now we'll be able to have some time away from the People's Champ.

The Kane/Jericho match was all right. They went power move for speed move and there was a good flow to the match. I was impressed how Kane came up with an original submission hold and not one that another former champion has made famous. That's right, it's pretty bad when a character who's an Undertaker wannabe can come up with his

own hold but the WWF's franchise player has to rip one off. Makes you go hmmm doesn't it.

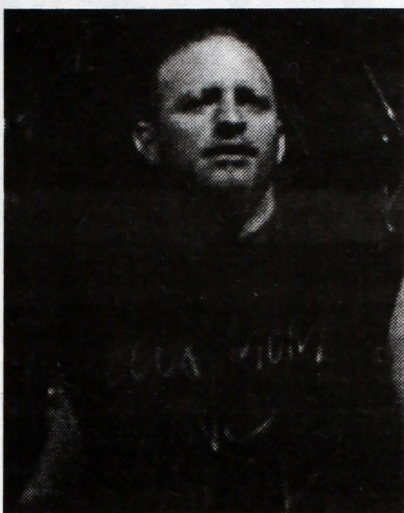
The match that had me in absolute tears was the HHH/Austin match. Why was I so upset? Believe me, it wasn't because Austin put an ass kicking on Hunter. I was totally expecting that to happen. First, the tears came from laughter when Austin managed to fall on his ass outside the ring and the tears from watching the worst ending to a match ever came at the conclusion of the Pay-Per-View. I would really like to know why the WWF thought it was a good idea to have Austin dump HHH and his car upside down from about 20 feet in the air via a forklift. Sure, it will give HHH a way to take some time off in order to get his back healthy again, but the editing job of the scene was terrible. I, for one, would have been really pissed off if I had paid money to sit in the arena only to have the last 10 minutes of the Pay-Per-View take place outside.

Overall, the event was garbage. It pains me to say that but it really was. With the exception of a couple of moves here and there, it wasn't worth the money we all paid to order it.

I have not been too happy as of late with the product that the WWF has been producing. RAW last week was painful to watch and Survivor Series had me actually nodding off to sleep. I hope that they get their act together soon or else I may have to watch WCW. Of course that would only be for some comic relief in the wrestling world, but perhaps I would be happy.

I have heard rumors that Vince McMahon's attempt to purchase WCW has been put on hold. Some of the other corporations involved have expressed concerns about where each show will fit in and what network they will be played on. More to come as I get it.

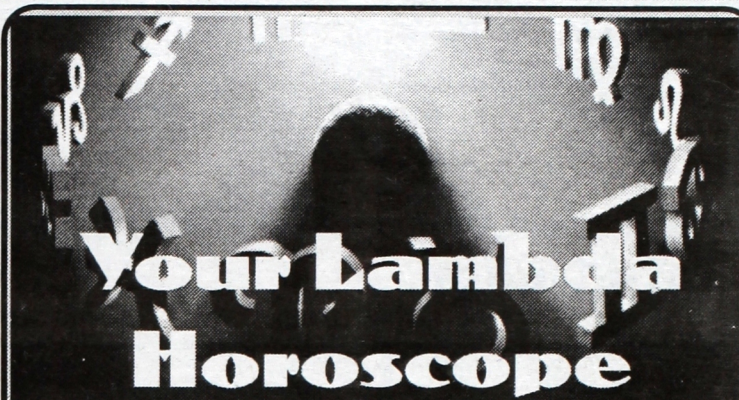
Rob Van Damme has recently quit ECW and has filed a lawsuit against them. The company hasn't paid him for a number of shows and he has finally lost it. The WWF



Could Someone New Carry My Ass?

offered him a \$300 000 contract but he turned it down because he reportedly wants \$500 000. Somebody had better tell Rob to take the money because unless he wants to wrestle in Mexico for tacos, he had better sign. WCW certainly won't be paying him that kind of cash because they don't even have money to pay their wrestlers now.

Finally, I feel that I should put in a small little blurb about the best wrestling video game ever. WWF No Mercy for the Nintendo 64 was released last week and man was it worth the wait. There are all kinds of wrestlers in the game and the hidden characters are great too. In the past couple of days, Mat has been busy playing and yes I am going to be that guy and tell you one of the game's secrets. At the end of the Survivor mode, the last and 90th wrestler was Andre the Giant! Whoever in THQ thought of putting Andre in the game was a genius and I thank him. Seriously though, the game kicks ass. I mean, ladder matches, all different arenas and the fact that you can even fight in the APA's bar just rocks. I think that my favorite aspect of the game is the fact that you can put any wrestler through the announcer's table or the pool table in the bar. Yeah, it was quite fun to give X-Pac the Last Ride through the announcer's table. I own a PlayStation but I'm going to be buying a Nintendo just to own the game. I recommend you do the same.



Aries March 21 - April 19

You're supposed to be dominant by nature, what's been going on? You're not playing your role properly. You are lacking the fire that you had, it's just under your surface. Let it come out! Leave the past behind and do what you have to do. Get out there and make a fool of yourself if you have to!

Taurus April 20 - May 20

Ambition has nothing to do with the blessing that just so happened to fall into your lap. Do with it as you will. So many others would love it be in your shoes right now! You tend to be grounded most times, set that aside right now. Do something just for the sake of doing it. Go out!

Gemini May 21 - June 21

You should know when you're losing and when to let go. You know what you were thinking earlier...No, not that. Nope. YES, that. Do it, what do you have to lose? You had nothing to begin with. Give it a shot. Least you can say you tried. Try not to limit yourself just yet. See what's around first, you might change your mind.

Cancer June 22 - July 22

Last week's unlikelihood is this week's certainty. Try it again. You'll be glad you did! Keep away from authority, at this point you don't want to get in their way. Seems money is coming to you in some shape or form. I'm sure you'd be happy with even five bucks. Spend it all in one place, you deserve it.

Leo July 23 - August 22

Woah! Cut down on the caffeine. Stop and take a breath now and then too. Even if you are supposed to be the leader, you can step down and let somebody else run the show. It's time to hide in the crowd anyways. You've got too much on your plate to be in the spotlight. Sit in the back seat, you never know, it could be fun.

Virgo August 23 - September 22

Others aren't as detailed as you and this could cause some problems, in public or in private. This week you will find yourself gushing with love for something or another, you pick! Choose wisely. Smile when somebody smiles at you. Don't ask me how, or why, but I feel as you have to do some role playing.

Libra September 23 - October 22

When was the last time you took a vacation? I mean a real good one. I know you're saying to yourself, it was just summer! But did you do anything is the question. As soon as you have a day off, use it as just that. Kick back and relax, don't do a darn thing. Don't forget to lock the doors and unplug the phone!

Scorpio October 23 - November 21

You might be able to read someone's mind, least you think you can. Tell them what you can read, if you can. Put on your armor or at least when somebody comes around that you don't know too well. Some things seem strange for a reason. Never second guess yourself.

Sagittarius November 22 - December 21

Money's low but personality is high, so it's not all that bad. Just stay up all night with somebody and talk. Even if you didn't get to any point or talk about something that has major significance, you'll know each other just that much better. Do something just as fun and interesting, you don't need money.

Capricorn December 22 - January 19

You can sell any idea or product to a crowd that's willing to believe. Of course, you may offend some in the process, but today they don't matter. Do what you want, to get yourself out there. Be heard, no matter what it takes. Don't be shy if a compliment comes your way, say thank you.

Aquarius January 20 - February 18

You know what you want and you will not settle for less. As it should be. Share your thoughts and ideas with somebody you trust. You'll be glad you did. You're good at getting your point across but this time, try not to say it too loud. You know somebody cares, and that's all that matters, to you.

Pieces February 19 - March 20

Try and get out of the mess you've gotten yourself into. Try to be more cautious. Getting stuck in a rut isn't always fun. You know how to get out of this, if not, somebody close to you does. Ask nicely and you'll be free. Watch for that person that follows you.

Haiku Education: The U.S. Presidency

Franklin D. Roosevelt

Polio or not
I am gonna plant my foot
Square on Hitler's ass

Abraham Lincoln

Tickets to the play?
Wear your Kevlar stove-pipe hat
Or else try to duck

George H.W. Bush

Bush: Lone Star transplant
Kicker of Iraqi ass
Don't mess with Poppy

James Garfield

The late James Garfield
Served our country four short months
Does that really count?

Jimmy Carter

Hey, Peanut Farmer
You want to be president?
Build houses later.

Grover Cleveland

Grover Cleveland, eh?
You were not the fattest one
But you were tubby

James Monroe

The Monroe Doctrine
Europe, mind your own affairs
It's our hemisphere

William Henry Harrison

Mr. Harrison
Don't forget your hat; it's cold.
Soon you will be dead



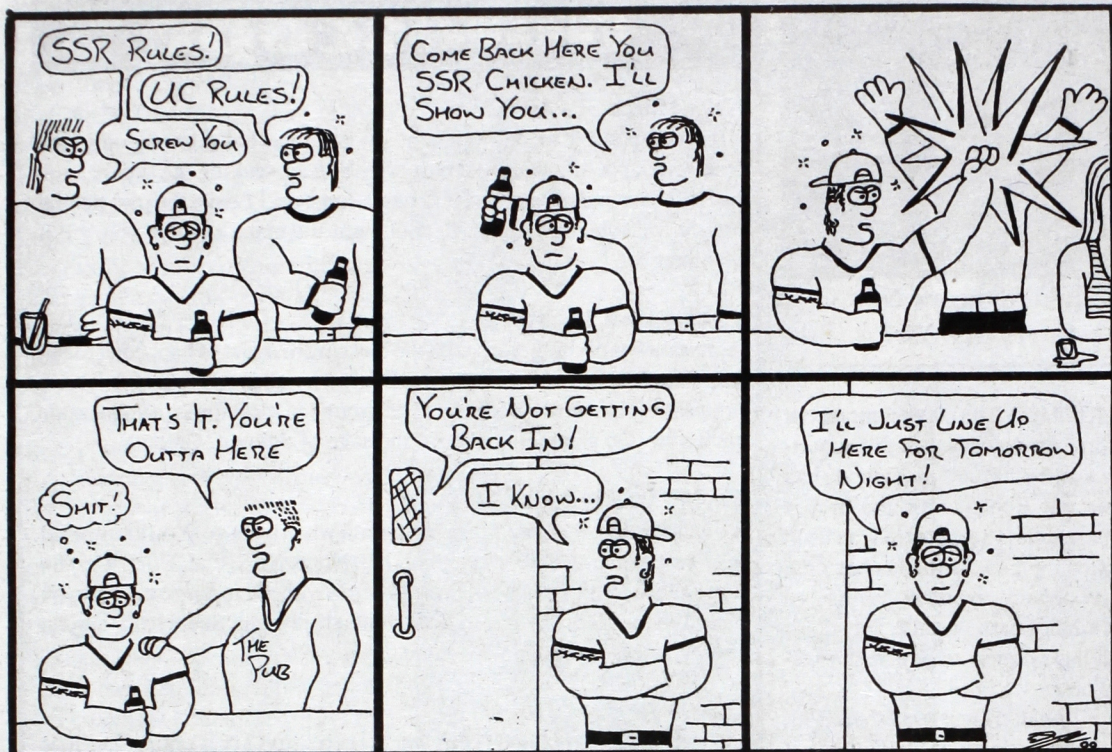
LAMBDA

COMICS



DownUnder

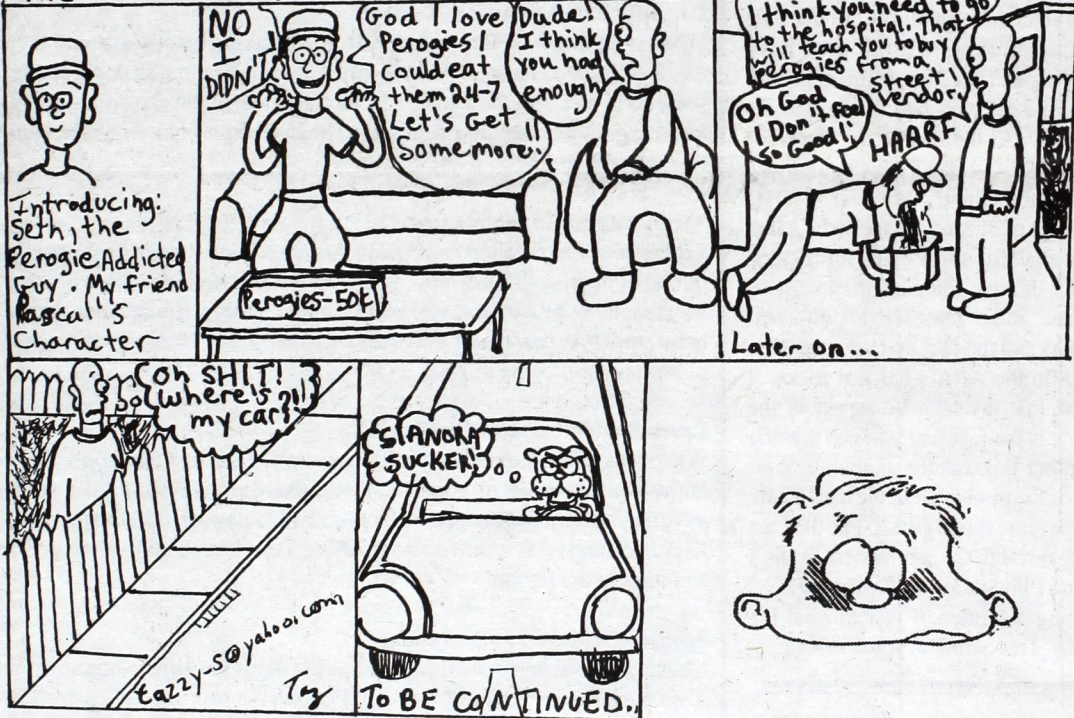
by Mat Thompson



2000 FLUSHES BLUE...

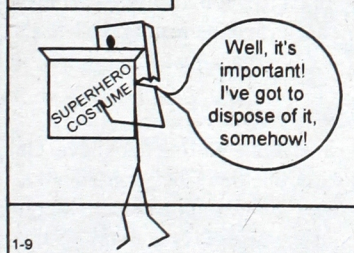
The Official Toilet Water of
the New MillenniumNever Underestimate The Usefulness
of Several Drafts When
Writing an Essay!

The Adventures of Psycho the Dog by Sabrina "Taz" Sandrin

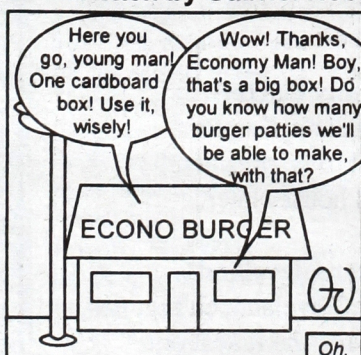


ECONOMY MAN

With VarCity in peril, thanks to the evil Cardboard Cutout Lizard, our hero, Economy Man, fusses over the box, his costume was in.

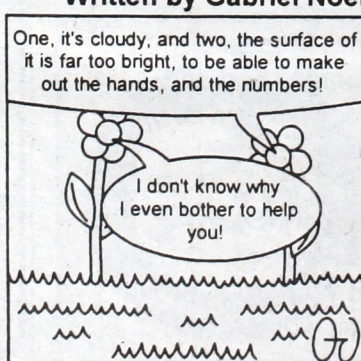
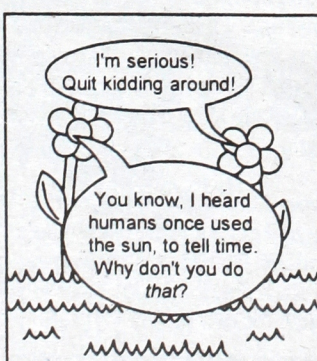
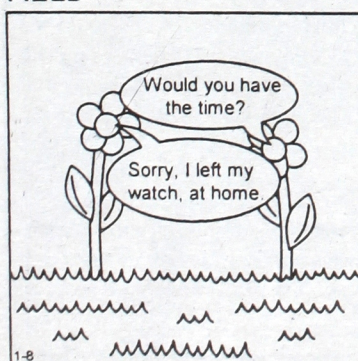


Written by Gabriel Noël



FIELD

Written by Gabriel Noël

AUDITIONS
for Thornton Wilder's
The Skin of
Our Teeth

Directed by Bill Hart

Thorneloe Mainstage Production for 2001

Show Dates: March 16-24

Audition Meeting
Tuesday, November 28 - 7pm
Thorneloe Theatre

All information about the play, the auditions, the rehearsal period will be given at this time. Forms will be available to fill out. Those interested in backstage work were encouraged to attend. AUDITIONS will begin after this meeting or may be scheduled for the following evening.